



## Preliminärt program för studieresan till Tyskland

# VARMT VÄLKOMMEN ATT UPPLEVA WELLBEING I TYSKLAND

This is a draft of the program of the study visit to **Germany** between the **22. & 25.03.2022**.  
Please note that this program is subject to change.

Due to the Pandemic situation the participation on the study visit would necessarily need  
a **proof of a vaccination or recovery not older than 3 months plus a negative test**  
(24 h for antigen, 48 h for PCR). The test is obsolete for people with a booster vaccination.  
(These rules might be modified until end of March but this cannot be guaranteed.)  
More detailed information will follow in the detailed final version of the program.

Anmäl ditt intresse för att delta i studieresan till:  
[joanna.kohnen@lansstyrelsen.se](mailto:joanna.kohnen@lansstyrelsen.se) senast den 25 februari.

LEAD PARTNER



PARTNERS



## STUDIERESA TILL MARLOW - TYSKLAND

### Ankomstdagen tisdag 22.03.2022:

Time	Activity
15:00 - 18:00	<b>Guest Arrival &amp; Check-In</b> Time for guests to relax after a long travel day at <b>Recknitztal Hotel Marlow</b> , Guests arriving with own car could directly head for the Hotel, while travelers arriving by plane, train or ferry (without car) will be picked up and transferred to the hotel.
18:30	<b>L'Apéro at Recknitztal Hotel Marlow</b> 30 mn to one hour before dinner to gather and get to know each other in the form of the famous French pre dinner tradition "L'Apéro"
19:30	<b>Dinner at Recknitztal Hotel Marlow</b> Dinner at the hotel, afterwards an official welcome and introduction through an interactive Wellbeing task → introduce yourself while briefly connecting either yourself or your company to one or many aspects of Wellbeing-tourism  <i>(a short explanation of the wellbeing aspects will be held to refresh the minds of our visitors about wellbeing during the official welcome)</i>
21:00	<b>Good Night</b> We hope you are looking forward for 2 days filled with Wellbeing-Networking.  <i>Sleep well / social/wellness activity in the Hotel to relax after a journey of traveling</i>

**Vänligen notera att programmet kan komma att ändras**

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Onsdag 23.03.2022:

## UTFLYKTSÖVERSIKT DAG 1



*Vänligen notera att programmet kan komma att ändras*

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Agencja Rozwoju Pomorza S.A.



KLAIPĖDOS  
VALSTYBINĖ  
KOLEGIJA



Länsstyrelsen  
Kalmar län



PIIN  
CHOROSKI INSTYTUT NAUKOWY  
WENIA PROF. BRUNONA SYNAKA



Vogelparkregion  
Recknitztal



DANSK TURISME  
INNOVATION



energikontor  
apocor



## PROGRAM DAG 1

Time	Activity
8:00	<b>Breakfast at Recknitztal Hotel Marlow</b>
9:00	<b>Transfer by bus to Schlemmin</b> Transfer by a bus for all our guests to the <b>Senfmühle Schlemmin</b> passing 'smuggler boat' close to the river Recknitz as sign post for the 'Old Salt Street' <i>If you arrive with own car, please leave it in the Hotel, as we intend to use the Bus ride as a Networking possibility.</i>
9:20	<b>Arrival to Senfmühle Schlemmin</b> Tour and presentation of Senfmühle Schlemmin, a traditional family owned mustard manufactory. Their production is based on gentle use of natural resources and regional circular economy. <i>Please make sure to wear warm clothes, since the presentation and most of the talk will happen in an outdoor area due to the small premises</i>
12:00	<b>Transfer to Langenhanshagen</b> Transfer by bus for all guests to the <b>Ostseemühle Langenhanshagen</b> , a family owned regional oil manufacturer, farm store and café
12:30	<b>Lunch at Ostseemühle Langenhanshagen</b>
13:30	<b>Tour &amp; Presentation of the Ostseemühle</b> Tour through the oil production and time for exchange with owner of the company, after which a networking activity is planned
15:00	<b>Transfer by Bus to Trinwillershagen</b> Transfer by bus for all guests to the <b>Salzmanufaktur M-V</b> , one of the hidden treasures of our region! Come along and discover this hidden gem!
15:30	<b>Arrival to the Salzmanufaktur M-V</b> Brief presentation of Salzmanufaktur M-V from the owner, followed by a tour through the 'Salt Tower', a 'Make and taste your own salt' activity and a salt therapy/treatment inside the Salt Tower <i>For tour, salt-making &amp; tasting and salt treatment the group will be divided into two groups due to spacing capacities. (better chance for networking as well)</i>
18:00	<b>Transfer by bus to Recknitztal Hotel Marlow</b>
19:00	<b>Dinner at Recknitztal Hotel Marlow</b> Dinner at the hotel, followed by a virtual canoe ride as a relaxation activity <i>"Imagine you were on the river Recknitz for a beaver tour at sunset" with Martin Hagemann</i>
21:00	<b>Good Night</b> <i>Sleep well / social/wellness activity in the Hotel to relax after a journey of traveling</i>

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PARTNERS





Torsdag 24.03.2022:

## UTFLYKTSÖVERSIKT DAG 2



*Vänligen notera att programmet kan komma att ändras*

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PARTNERS



## PROGRAM DAG 2

Time	Activity
8:00	<b>Breakfast at Recknitztal Hotel Marlow</b>
9:00	<b>Transfer by bus to Bad Sülze</b> Transfer by a bus for all our guests to the <b>Wellbeing Pilot Place GER</b> with a stop at the <b>Salt Museum Mecklenburg</b> . <i>If you arrive with own car, please leave it in the Hotel, as we intend to us the Bus ride as a networking possibility.</i>
9:15	<b>Arrival to the Salt Museum Mecklenburg</b> Presentation the brine gradation works on the area of the Salt Museum Mecklenburg and further sign posts of the 'Old Salt Street'. Afterwards we arrive to the wellbeing pilot place at the Spa Garden of Bad Sülze.
10:30	<b>Transfer by bus to Ribnitz-Damgarten</b> Transfer by bus to <b>Bernstein Schaumanufaktur Ostsee-Schmuck</b> , an Amber Jewelry Manufacturer.
11:00	<b>Arrival to Bernstein Schaumanufaktur Ostsee-Schmuck</b> Tour and presentation of Amber Jewelry Manufacturer with a possibility to look through the exhibition or a "make you own amber jewelry"-activity
12:30	<b>Transfer by bus to Hessenburg</b> Transfer by bus to the <b>Kranich Hotel &amp; Museum</b> , a renovated 1840's manor house among North-German farmlands. The group will later on be joined by <b>Bio-Rösterei LandDelikat</b> , an organic roast house "LandDelikat" dedicated to developing healthy, natural and wholesome products.
12:45	<b>Lunch at Kranich Hotel &amp; Museum</b> Group lunch in the "Alte Schmiede" of Kranich Hotel & Museum followed by a presentation of "Gut Hessenburg" and a tour of the hotel and museum. After the tour guest will have the possibility to walk through the park of the location, which is also a place for concert series of "Naturklänge" in summer.
15:30	<b>Presentation of Bio-Rösterei LandDelikat</b> Presentation and virtual walk through the roasting process of the Bio-Rösterei LandDelikat with tasting of locally grown lupine coffee. Afterwards both Kranich Hotel & Museum as well as Bio-Rösterei LandDelikat will introduce a collaborative regional product "KranichMotiv". <i>We will then use the chance of being in this beautiful place surrounded by nature to have our reflection on the trip so far.</i>
17:30	<b>Transfer by bus to Damgarten</b> Transfer by bus to the <b>Harbor of Damgarten</b> passing sign posts 'Salzprahm' of the Old Salt Street

### LEAD PARTNER



### PARTNERS



Time	Activity
17:45	<b>Quick stop at the Harbor of Damgarten</b>
18:30	<b>Transfer by bus to Recknitztal Hotel Marlow</b> Transfer by bus to the hotel to relax and have dinner afterwards
18:50	<b>Arrival to Recknitztal Hotel Marlow</b>
19:30	<b>Dinner at Recknitztal Hotel Marlow</b> Dinner at the Hotel followed by some farewell words from TV VR team
21:00	<b>Good Night</b> <i>Sleep well / social/wellness activity in the Hotel to relax after a journey of traveling</i>

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## Fredag – hemresa 25.03.2022:

Time	Activity
9:00	<b>Breakfast at Recknitztal Hotel Marlow</b>
10:00	<b>Check-Out and Departure</b>  Check-Out and Departure from the Hotel, we wish that you had a wonderful experience and spent a <b>Well</b> time <b>being</b> in our region!

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LEAD PARTNER



PARTNERS

